

# Respite Documentation

Respite is the service provided to support participants on a short-term basis due to the absence or need for relief of informal support or unpaid caregivers (e.g. participant's informal support is going on vacation).

1. Respite care is provided in a facility
2. If a participant is requesting "respite" to be provided at home it is documented as a temporary increase in PAS services.

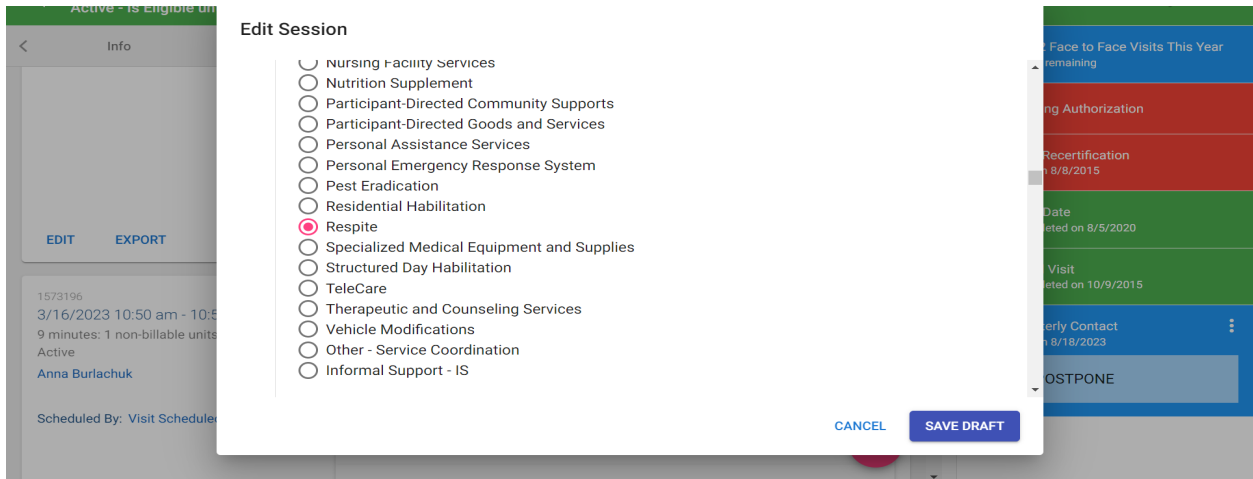
As soon as respite or a temporary increase in PAS are discussed with the participant or POA, then a visit should be done and the appropriate service should be added. Temporary PAS increases do go through the Review Board, which can take several days to take place. If urgently needed, an escalation can be requested, but this should be a last resort.

## Respite- In Facility

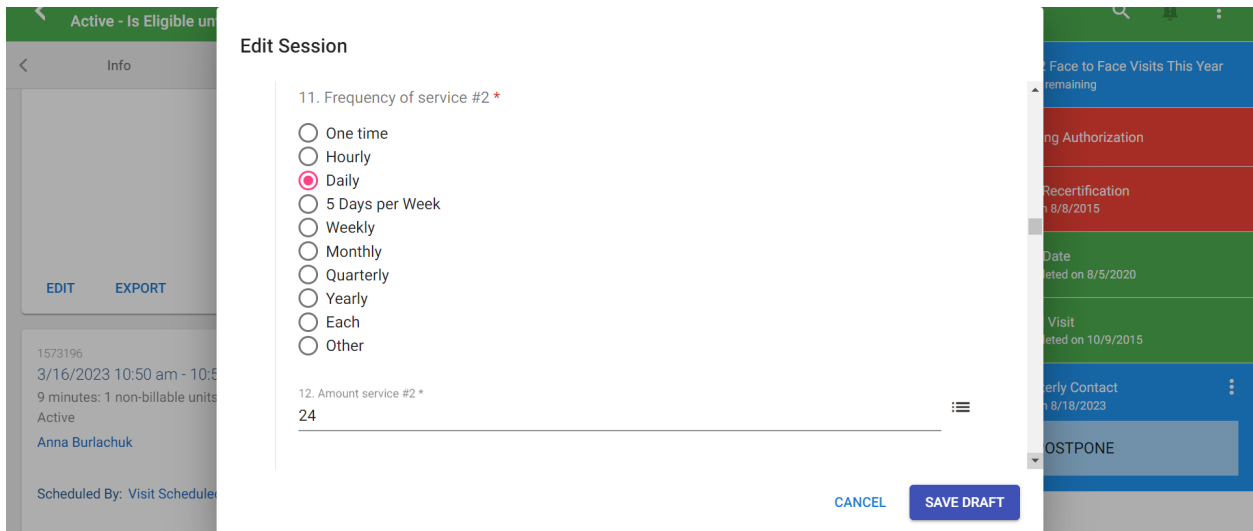
1. The following information is needed
  - a. Dates for when respite will begin and end
  - b. Name of facility that will provide respite
    - i. Confirmation that facility is able to provide respite for the participant on the appropriate dates
2. Information is added in InterRAI session
  - a. Under "rationale for narrative" the information for in facility respite is requested

The screenshot shows the 'Edit Session' interface. On the left, there's a sidebar with 'Info' and 'Active - Is Eligible un'. The main area is titled 'Edit Session' and contains a text field for '9. Rationale for narrative \*'. The text entered is: 'Currently Authorized: 56 Beth is diagnosed with dementia and osteoarthritis. Beth's daughter/Kate is her paid caregiver and also provides informal support to Beth in the form of assistance with dressing for bed, meal prep for dinner, hands on assistance with ambulating and transfers, post toileting hygiene, and supervision after PAS hours, due to Beth's history of wandering and unsafe behaviors. Beth currently receives 8 hours per day of PAS and no changes to the hours are being requested. Beth receives PAS hours Monday-Sunday from 9a-5pm. Beth receives informal assistance from Kate/daughter, during all non PAS hours. Kate is willing, able, and available to continue providing informal support and this was confirmed verbally during the visit. Kate is going on vacation from 6/4/23-6/11/23 and in facility respite is being requested during that time. Attleboro Nursing Facility will provide respite and assist Beth with bathing, dressing, grooming, transfers, ambulation, toileting, meal prep, and supervision. Kate will transport Beth to and from the respite provider.' Below the text field are 'CANCEL' and 'UPDATE SESSION' buttons. On the right, there's a vertical list of items: 'Face to Face Visits This Year remaining', 'ng Authorization', 'Recertification 8/8/2015', 'Date 8/5/2020', 'Visit 10/9/2015', 'erly Contact 8/18/2023', and 'OSTPONE'.

3. PCSP will reflect the in facility respite request
  - a. "Respite" will be selected as the Service Type

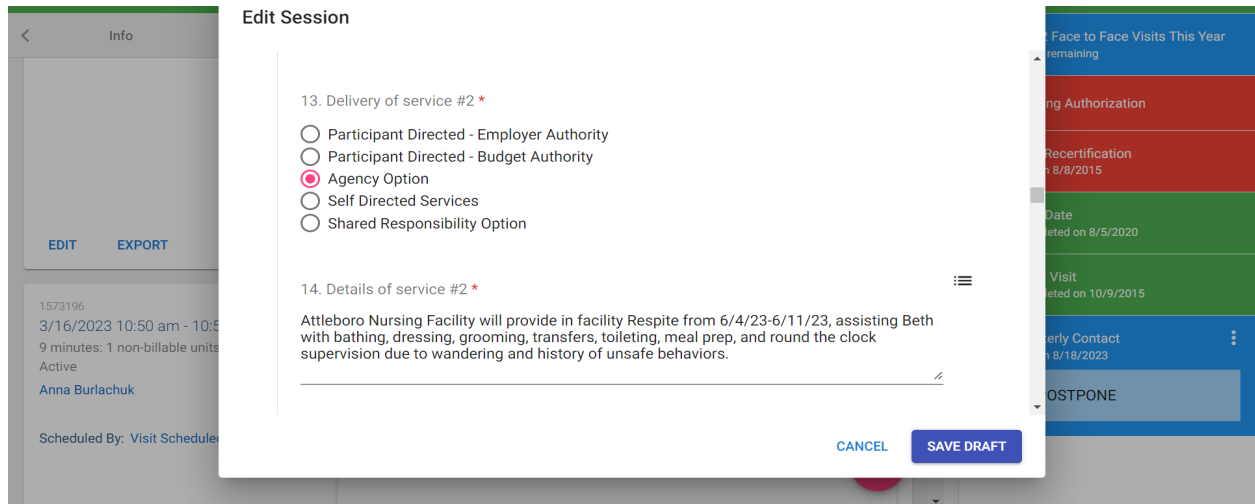


b. "Hourly" or "Daily" are acceptable frequencies and "24" or "1" are acceptable the amounts



c. "Agency Option" is selected for Delivery type

d. Details will contain the name of the provider facility, the dates the services are provided, and what assistance will be provided



### **Temporary PAS increase- In Home “respite”**

1. The following information is needed
  - a. Name of PAS agency that will provide temporary increase in hours
    - i. Confirmation that PAS agency is able to provide additional hours for the participant on the appropriate dates
  - b. NPI and Phone number for PAS agency
2. Information is added in InterRAI session
  - a. Under “additional Risk/safety Support/Narrative” the temporary hours are added for each day minus the current hours the participant receives
    - i. Example- if the participant receives 8 hours per day of PAS currently and they are requesting “respite” through a temporary increase in hours for 24 hours per day, then 16 hours per day would be listed in the additional hours for each day

**Edit Session**

13 Additional Risk / Safety Support / Narrative Completed

1. Additional hours for Monday  
16

2. Additional hours for Tuesday  
16

3. Additional hours for Wednesday  
16

4. Additional hours for Thursday  
16

CANCEL UPDATE SESSION

b. Under “rationale for request for additional time/services” an explanation of the reason for the “respite” temporary increase is added, along with the dates the temporary increase is needed for and who will provide the coverage.

**Edit Session**

8. Rationale for request for additional time / services

Beth is diagnosed with dementia and osteoarthritis. Beth's daughter/Kate is her paid caregiver and also provides informal support to Beth in the form of assistance with dressing for bed, meal prep for dinner, hands on assistance with ambulating and transfers, post toileting hygiene, and supervision due to Beth's history of wandering and unsafe behaviors. Beth currently receives 8 hours per day of PAS and no changes to the ongoing hours are being requested. Kate is going on vacation from 6/4/23-6/11/23 and a temporary increase to 24 hours per day is being requested during that time. ABC Homecare will provide an HHA during the temporary increase and assist with bathing, dressing, grooming, transfers, ambulation, toileting, meal prep, cleaning, and laundry. Kate will do the shopping informally before she leaves for vacation.

9. Rationale for narrative \*

Currently Authorized: 56  
Beth is 81 years old and speaks english. Beth is diagnosed with dementia and osteoarthritis. Beth had hard time paying attention during the visit. Beth has some difficulty with understanding and processing information due to issues with memory. HHA and informal support is

CANCEL UPDATE SESSION

3. PCSP will reflect the current hours approved for PAS